

2016 Impact Report



NEW FETAL HEART MONITORS
PAGE 1

FOUNDATION HIGHLIGHTS
PAGE 7



COMMUNITY GIVING BY FUND
PAGE 8

GIFTS FROM OUR COMMUNITY
PAGE 10

Letter from you President & Foundation Director

Reflecting back on last year, your Island Hospital Foundation grew to new heights! We thank you for your trust in us, the value you place on your local hospital and your heart for others. This allowed us to not only continue valuable programs and services but to also meet increasing needs at your hospital. Some of the highlights you have made possible include the upgrade of new equipment and technology to include 7 new fetal heart monitors for our busy Birth Center, an endoscopy machine, and ultra sound machine.

In this Impact Report, we have included stories from patients and community members that have benefited from your generosity. There is also information on funds raised, where your gifts were applied, data on programs served and the results we achieved together.

On behalf of our dedicated board of community volunteers, and the patients we serve, we thank you!

Desha Furin, *Board President*

Jeannette Papadakis, *Foundation Director*

2017 FOUNDATION

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Hospital Staff

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YOUR SUPPORT

Your support of the 2016 Gala of Hope allowed the Island Hospital Foundation to purchase seven state-of-the-art fetal monitors for the Thomas P. Brooks MD Birth Center at Island Hospital. These units allow for wireless connection and better collection of data so that physicians and nurses can monitor the fetus' status during the birth process.

New Fetal Heart Monitors

Local business owners, Jeremy and Tatyana McNett, were able to experience first-hand the benefits of the new fetal monitors with the birth of their son, Maks.

"There were many things that were amazing about the fetal heart monitors.

The biggest noticeable difference was the change of technology between the births of our first children 22 and 14 years ago to our now youngest, 4 months old, Maks. The fear of unknowns combined with the stress and anxiety of giving birth is greatly reduced knowing that you have the best technology and excellent care at your bedside.

Additionally, our Nurses and Doctor made us feel like we were their first delivery ever with their excitement, sincerity, and care. They provided us laughs and the fetal heart monitors gave us peace of mind. I would say I couldn't wait to do it again, but Tatyana may disagree."



A portrait of Mary Lou Gould, an elderly woman with short white hair and glasses, smiling. She is wearing a dark blue patterned button-down shirt. The background is a soft, out-of-focus grey.

Authentic Compassion

PATIENT RELIEF GRANTS

CANCER, MEDICAL, AND CARDIO PULMONARY

The Island Hospital Foundation provides assistance for patients and families in need by off-setting costs of transportation, prescription co-pay, lodging, as well as other treatment related expenses. In addition to relief programs, Island Hospital Foundation also provides free and low cost monthly health screenings to those in need of assistance. Screenings include vitamin D, blood pressure, cholesterol, hearing, memory, colon cancer, among many others offered to the public.

For more than ten years, Mary Lou Gould has been fighting multiple cancer battles, one after another. Throughout her journey, she has been a positive force within herself and within our community by becoming a peer counselor.

“This is my hospital. I use the word love when I talk about Island because the people here genuinely care and their compassion is authentic,” states Mary Lou. “It is powerful to have faith that they are doing

“This is my hospital. I use the word love when I talk about Island because the people here genuinely care and their compassion is authentic. It is powerful to have faith that they are doing everything they can to make me well.”

everything they can to make me well. My heart says, thank you to each and every person who has directly or indirectly provided care for me over the years. Your

programs enriched my life, thanks to the [Cancer Patient Medical Relief Fund].”

You made it possible for Mary Lou and many

others to get the additional support they needed. You gave them the ability to find strength and positivity when they needed it most and we thank you.

Anacortes Cancer Walk

On August 19, 2016, the first annual Anacortes Cancer Walk raised nearly \$10,000 for the Merle Cancer Care Center and the Cancer Patient Medical Relief Fund. Karla DeCamp founded and organized the entire walk as a way express her gratitude to the Merle Cancer Care Center for their generosity and compassion during her own family’s battle with cancer. “It was a 100% community event,” DeCamp said, “a gift from Anacortes to our



Merle Cancer Care Center, who has gifted us in unmeasurable ways.” Through her efforts the event drew more than 150 people including 65 walkers to a 20-mile course

that began and ended at Seafarer’s Memorial Park, more than 30 businesses supported the walk with food and drinks along with a great crowd of supporters.



Mental Health Intervention Partnership

The Mental & Behavioral Health programs at Island Hospital have been highly utilized by our community.

The Mental Health Intervention program at the Anacortes Schools continues to support and address the unmet needs of adolescent students. The impact of the counseling, therapy, and social work services has had on students has been immeasurable. One student expressed, *“This program has helped me with so much. I have dealt with family issues, and my own issues. I feel I can talk*

about whatever I need to. It’s a safe environment for me to talk about things I never thought I would. I look forward to this every week. I get a chance to let everything out and get a professional’s help. I think this program could help so many students.” Results of therapy have been meaningful to aid in dealing with the many challenges our students face including coping with

PROGRAM STATS

SCHOOL PROGRAM

23

students utilizing
social work services

424

individual and group
therapy sessions

148

social work visits

CLINIC

4183

visits among

840

patients

peer suicide, financial issues, substance abuse, homelessness and more.

Sometimes Life Happens...

Early Sunday morning, Johanne stepped out for a walk while her partner Pete made breakfast. She let her mind wander while she walked thinking of things she needed from the store, the goods she needed to bake for the Farmer's Market, and how delicious breakfast would be... then she fell.

There was a snap – she broke something. She made her way back home and within minutes Pete had her in the emergency room at Island Hospital. The staff quickly placed her in a room and examined her carefully being mindful of her comfort. When it was necessary to move her hand for x-rays, the technicians were quick and gentle. While waiting for the results, the ER Doctor checked in multiple times to be sure she was at ease and comfortable.

Her fears were soon realized, she would need a cast for a few weeks followed by a brace and physical therapy. She



Johanne Schmidt from Jalillah's Cookies

immediately thought of her business. How could she knead dough or keep

what was happening to me while I was there, but they cared about what


“From the moment I walked through the door they treated me with compassion and I could feel that my care was important to them.”

up with production? The Island Hospital staff kept her calm and gave her the resources she needed to continue her care beyond of the emergency room.

That's when Johanne says it hit her, “*They didn't just care about*

happened to me next, too. It's a true comfort to know that when life happens we have Island Hospital here to care for us.”

Thank you for ensuing we have quality and compassionate care close to home!

A photograph of a woman with short brown hair and glasses, wearing a red volunteer shirt with a name tag that says "Jean Volunteer". She is smiling and looking towards a patient whose back is to the camera. The patient has long blonde hair. They are in an office setting with a window in the background.

Health Resource Center

The Health Resource Center is a welcoming space where patients and visitors can come to get connected to the resources they need.

Your support makes it possible to provide customized resources to help individuals and families make informed decisions about their healthcare. It is an ideal place to get connected to social services and community resources. One of the most current improvements is the

newly remodeled public resource space. The goal is to create a quiet and friendly environment to discuss important matters such as Advance Directives and the Vial of Life. The HRC offers complimentary guidance on how to complete the Durable Power of Attorney for Healthcare,

“Because of the Island Hospital Foundation, we are able to maintain and upgrade so we can help our community navigate today’s healthcare environment.”

Living Will documents, set-up appointments with a SHIBA counselor and much more.

“We see thousands of community members and visitors each year seeking resources, screenings or other services,” states Dennis Richards, Director of Community Relations at Island Hospital.

“Many hospitals tried this model over the past two decades but closed them due to financial challenges. Because of the Island Hospital Foundation, we are able to maintain and upgrade so we can help our community navigate today’s healthcare environment.”

Foundation Highlights

NEW ULTRASOUND ROOM

Island Hospital Foundation received \$150,000 from the Janice and Jerrel Barto Family to help purchase a new ultrasound machine. In early August, the Barto's celebrated the installation of this important diagnostic instrument in its newly outfitted room in a blue ribbon cutting ceremony.

The third ultrasound unit increases accessibility and provides the opportunity for same-day procedures. This allows for timely results to be delivered to the referring physician, which aids in determining the appropriate care for their patients.



Simulated burn victim being triaged during training

ADVANCED BURN TRAINING

Our deepest gratitude goes out to Tesoro Corporation & Tesoro Foundation for awarding the Island Hospital Foundation a \$15,000 grant that made it possible for Island Hospital's healthcare professionals, community firefighters, first responders and Airlift NW staff to receive Advanced Burn Training.

JOHN CARABBA SCHOLARSHIP

Congratulations to the Island Hospital John Carabba Scholarship Recipients—Renee Smith and Zach Bowman! We wish you the best in your future pursuits in healthcare studies!

Presented by Island Hospital Foundation Board Member Dr. Kathy Garde & Anacortes Schools Foundation President Art Shotwell.



Island Hospital Foundation

Community Giving by Fund

\$709,288 total giving in 2016

FACILITIES & EQUIPMENT

\$396,005

PATIENT &
COMMUNITY PROGRAMS

\$78,724

MENTAL HEALTH
PROGRAMS

\$90,416

CLINICS &
DEPARTMENTAL NEEDS

\$52,117

MERLE CANCER
CARE CENTER

\$67,132

OTHER

\$24,894



Annual Fundraisers



GALA OF HOPE

Guests enjoyed a “Sentimental Journey” with 1940’s nostalgia and the spectacular collection of warbirds at the Heritage Flight Museum in Burlington. The 13th Annual Gala of Hope, Swing Under the Wings, raised over \$200,000 in net profit giving flight to vital programs and services provided by Island Hospital. The “Heartstrings” portion of the evening raised more than \$137,000! The generous hearts of our community provided our youngest patients entering the world with state-of-the-art monitoring equipment, seven new fetal heart monitors. Our deepest appreciation goes to those donors, sponsors, and volunteers that support and strengthen our award-winning Island Hospital.

SKAGIT SUN BERRIES



Since 2011, Don Kruse, owner of Skagit Sun Berries, has been generously donating a portion of sales from his stand on 22nd & Commercial Avenue to the Island Hospital Foundation. Over the last six years Skagit Sun has given more than \$31,000 to help support community programs.

ISLAND HOSPITAL GOLF CLASSIC

Golfers fiercely competed in the 15th Annual Golf Classic Tournament on August 1, 2016. They placed bets on their golfing abilities and contributed to one of Island Hospital Foundation’s most successful fundraisers. Through sponsorships, a silent auction, raffle and mulligan sales, as well as the on-course competitions, the Golf Classic raised a net profit of over \$54,000! All of the proceeds from the Golf Classic go directly to our community programs including the Mental Health Intervention program in Anacortes Schools, free and low-cost health screenings, and provides additional support for our cancer patients through the Cancer Care Medical Relief Fund.



Gifts From Our Community

Donations from our supporters are essential to our community and the prosperity of Island Hospital. Your support to our vision and community is meaningful. Because of you, we are able to further our goals in providing quality healthcare close to home.

We gratefully acknowledge all of the individuals, foundations, organizations, and corporations who made it possible for us to fulfill our mission and commitment to the health of our community.

\$180,000

Jerry & Jan Barto

\$76,000

Robert E. Gruber

\$25,000 - \$50,000

Anonymous

Mrs. Jean L. Copeland

\$20,000 - \$24,999

Anonymous

Gifts & More at Island Hospital
Tesoro, Inc.

The Anders Foundation

\$10,000 - 15,000

Anonymous

Jackson Healthcare, LLC

Jeff & Linda Hendricks Family
Foundation

Adam & April Jones

Bill & Wendy Rabel

Rotary Club of Anacortes

Skagit Radiology, Inc., P.S.

James & Michele Tangaro

\$5,000 - \$9,999

A New Door, LLC

Mike & Karin Baldwin

*Dr. Chip & Shellie Bogosian

Dakota Creek Industries, Inc.

HRS/Intalere

*John & Margarete Insull

Kiwanis Club of Anacortes, WA
Foundation

LabCorp

Dr. Robert & Dr. Sylvia Maxson

Ogden Murphy Wallace, PLLC

*Vince Oliver

Evelyn Paulsen

Warren Potash

*Dr. Robert Prins

RIS Insurance Services

George & Sheila Saul

Skagit Sun Farm

Estate of Joyce & William Toomer

Washington Federal

\$2,500 - \$4,999

Norm & Barb Allan

Arleta Rae Allen

Anacortes Community Theatre
(ACT)

Robb & Julie Anderson

*Dr. Mark & Karen Backman

*Thomas Bluhm

Clifton Larson Allen LLP

Matt & *Elise Cutter

*Dr. Buzz & Betty-Anne Ely

*Dr. Nadine & Houston Foist

Joe & Desha Furin

Joe & Wendy Gibson

Dee Holmes

Island Hospital Medical Staff

Troy & Joyce Kunz

*Dr. Lynne & Patrick Lang

Butch & Pam Leonardson

Merchants Credit Association

Donald & Melissa Nielsen

Northwest Emergency Physicians
- TeamHealth

Northwest Health Care Linen

Marty Robins & Sherle Webb-
Robins

Rosario Skin Clinic

Skagit Bank

Skagit Community Foundation

Skagit Northwest Orthopedics

Ron & Anne Smith

Soroptimist International of
Anacortes

Swinomish Indian Tribal
Community

Dr. Bob Sperry & *Rhonda
McLaughlin

Tesoro Corporation

Loren Swaney & Lana Thompson

Trident Seafoods Corp

VALIC



\$1,000 - \$2,499

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Russell & Terrie Gindhart
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Kathy McDowell Dickinson
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*Anita L. McCoy



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Shell Puget Sound Refinery
Silicon Valley Community
Foundation - Tesoro Employee
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Strandberg Construction
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Swinomish Casino & Lodge
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Temcov Foundation
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Thomas Cuisine Management
VieMed
James & Magalen Webert
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\$500 - \$999

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 The Gael Family Charitable Fund
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 Patricia Walker
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 Ronald Zoerb

Up to \$99

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 Dale & Marlys Aspnes
 Laurie Atkinson
 Tia Austin
 Bill & Carol Bageant
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 Amy Beebe
 Thomas & Nola Beeler
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 Kathryn Berry
 *Monte Birkle
 *Geneva Blackmer
 Casey Blake
 Sue Block



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 Serafine Bourne
 Barbara Bower
 *Jill Brado
 Mario & Lourdes Briones
 Nancy Britton
 Sally L. Brown
 Winston & Cara Brown
 Sally Brown
 *Deanna Brzeg
 David Bunch
 *Diane Burton
 LCDR Bryce & *Susan Butler
 Jason & Maggie Buttery
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 Keith & Dorothy Dunker
 Arthur & Blanche Eisenhauer
 Philip & Janis Eley
 Myrna Emerson
 Heather Fay
 Ronald & Jeanette Fernandez
 John & Marilyn Firlotte
 George Fisher



GIFTS FROM OUR EMPLOYEES



We thank & honor our employees who have gone beyond their daily endeavors to invest in their workplace & providing quality healthcare with their giving. An asterisk marks Island Hospital employees who have generously contributed back to our patients, programs, and our community.

Tim & Linda FitzGerald
David & Linda Flomerfelt
Diana Foss
Julie Frakes
David & Judith Gage
Dr. Rudy & Dolores Gahler
Virginia Gately
Richard & Barbara Gilmore
Charles & Nancy Givens
Robert & Susan Greathouse
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Dr. Basil & Verena Greico
Raymond & Christie Gunn
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Agency
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 The following businesses &
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Guardian Angels

Donors have expressed their gratitude by paying tribute to caregivers & staff who have made a difference during the patients visit. The following individuals were named with a tribute gift & recognized as a Guardian Angel:

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 Cancer Care Team

Kathy Crawford
 Dr. Justin Curran
 Stacie Hansen
 Dr. Jason Hogge
 Home Health Team
 Dr. Ted Kim
 Ruth LeBrun
 Lifeline Volunteers
 Vince Oliver
 Anne Pliska
 Lesley Skarosi

Gifts in Honor

Island Hospital Foundation has received gifts in honor of the following individuals:

Baby Sadie
 *Deniece Ballanger
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 Denise Palmer
 Jean Penney
 *Carie MacKenzie
 Merle Cancer Care Patients
 Sharon Kay Scott
 Steve Wilhoit, for his birthday
 Ian Wright

Gifts in Memory

Memorial gifts provide a way for people to express their sympathy when words just don't seem adequate. These gifts also play an important role in enhancing the programs & services at Island Hospital. The following individuals were named with memorial gifts:

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ISLAND HOSPITAL FOUNDATION

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When donors remember Island Hospital Foundation with a bequest in a will or estate plan, their legacy has a lasting impact on medical care that extends beyond their lifetime.

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To learn more, visit www.myihf.org/legacy or call us at **360-299-4201**

OUR VISION

Through community engagement, we will sustain and support Island Hospital and ongoing quality healthcare close to home.

OUR MISSION

To raise funds to support Island Hospital and its commitment to community health.